



Price \$2.50 Milk \$0.50

NOVEMBER 2018

ASA C. Adams Elementary School

Daily Menu Alternative
includes Sunbutter and
Jelly Sandwich

Monday

Tuesday

Wednesday

Thursday

Friday



Star Patty Day 5

Chicken Patty
Whole Grain Bun
Potato Stars

*Fruit & Veg Salad Bar

Soup & Sandwich 6

Toasted Cheese on
Whole Grain Bread
Tomato Soup

*Fruit & Veg Salad Bar

Wrap up Wednesday

Pig's in a Blanket
(whole grain, Turkey)
Vegetarian Baked Beans

*Fruit & Veg Salad Bar

Breaking Bread 1

Cheesy Breadsticks
Marinara Dipping Sauce

*Fruit & Veg Salad Bar

Friday Fill up 2

Teriyaki Chicken
Seasoned Rice
Whole Grain Dinner Roll

*Fruit & Veg Salad Bar

New Pizza Day! 8

Whole Grain Crust
Cheese Pizza

*Fruit & Veg Salad Bar

Flame Broiled Friday

Grilled Chicken Breast
Potato Au Gratin
Steamed Veggies

*Fruit & Veg Salad Bar

No School 12

Café Classic 13

Sloppy Joes
Whole Grain Bun
Steamed Spinach

*Fruit & Veg Salad Bar

New Pizza Day! 14

Whole Grain Crust
Cheese Pizza

*Fruit & Veg Salad Bar

Turkey Feast 15

Turkey & Gravy
Mashed Potatoes
Sides & Fixings

*Fruit & Veg Salad Bar

"Pie" Day 16

Chicken Pot Pie
Whole Grain Biscuit

*Fruit & Veg Salad Bar

Meatless Monday 19

Stuffed Shells in
Marinara Sauce
Whole Grain Breadstick

*Fruit & Veg Salad Bar

No School 20

No School 21

No School 22

No School 23

Meatball Monday 26

Meatball Subs
Whole Grain Sub Roll

*Fruit & Veg Salad Bar

Soup Day 27

Homemade Chicken
Noodle Soup
Whole Grain biscuit

*Fruit & Veg Salad Bar

Fair Day 28

Whole Grain Chicken
Corn Dog
French Fries

*Fruit & Veg Salad Bar

New Pizza Day! 29

Whole Grain Crust
Cheese Pizza

*Fruit & Veg Salad Bar

Try and See... 30

BBQ pulled pork
Whole Grain Roll
Homemade Coleslaw

*Fruit & Veg Salad Bar

Lunch Menu includes minimum of an Entrée, Whole Grain, Fruit, Veg, and Milk (low fat regular and fat free flavored). Students **must take a fruit or vegetable** to be in compliance with National School Lunch Program. *Salad Bar is included with lunch and offers different items daily, which include fruits and vegetables as well as mixed salads, and items to go with daily menu. **Menus are subject to change**

"This institution is an equal opportunity provider"



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Mini Pancakes</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Homemade Whole Grain Muffin</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Donut</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Breakfast Bun</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Yogurt cup & Granola</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>
<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Mini Waffles</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Breakfast Pizza</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Donut</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Pancake Wrapped Sausage on a stick</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Yogurt Cup & Granola</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>

Breakfast options are available every day, the student must take 3 items a day (with one being fruit) to count for a reimbursable meal.. Menus are subject to change. "This institution is an equal opportunity provider"