



LUNCH

Price \$2.50 Milk \$0.50

DECEMBER 2018

ASA C. Adams Elementary School

Daily Menu Alternative includes Sunbutter and Jelly Sandwich

Monday

Soup & Sandwich 3

Tomato Soup
Whole Grain Toasted
Cheese Sandwich
**Salad Bar*

Tuesday

Pie Day! 4

Chicken Pot Pie
Whole grain Biscuit

**Salad Bar*

Wednesday

Warm up Wednesday 5

Spaghetti & Marinara
Cheesy Garlic Bread

**Salad Bar*

Thursday

Pizza Day! 6

Whole Grain
Cheese Pizza

**Salad Bar*

Friday

Friday Favorites! 7

Whole grain Pancakes
Turkey Sausage

**Salad Bar*

Meatless Monday 10

Homemade Macaroni &
Cheese
Whole Grain Goldfish
**Salad Bar*

Taco Tuesday 11

Beef or Bean Taco's
Corn Tortilla

**Salad Bar*

Wrapped up Wednesday 9

Cheesy whole Grain
Calzones

**Salad Bar*

Café Classic 13

Cheeseburger on
Wholegrain roll
French Fries
**Salad Bar*

Friday Favorites 14

Whole Grain Chicken
Nuggets
Steamed Corn
**Salad Bar*

Pasta Bake! 17

Chicken Chop Suey
Whole Grain Breadstick

**Salad Bar*

Café Classic 18

BBQ Meatloaf
Mashed Potato
Whole Grain Breadstick
**Salad Bar*

Wacky Wednesday 19

Chicken Nuggets
Waffle Sticks

**Salad Bar*

Pizza Day! 20

Whole Grain
Cheese Pizza

**Salad Bar*

Friday Favorites 21

Chicken Burger on Whole
Grain roll
French Fries
**Salad Bar*

24

No School

25

No School

26

No School

27

No School

28

No School

31

No School



Lunch Menu includes minimum of an Entrée, Whole Grain, Fruit, Veg, and Milk (low fat regular and fat free flavored). Students **must take a fruit or vegetable** to be in compliance with National School Lunch Program. **Salad Bar* is included with lunch and offers different items daily, which include fruits and vegetables as well as mixed salads, and items to go with daily menu. **Menus are subject to change**

"This institution is an equal opportunity provider"



PAY FOR MEALS ONLINE

MySchoolBucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Mini Pancakes</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Homemade Whole Grain Muffin</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Donut</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Breakfast Bun</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Cinnamon Roll</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>
<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Mini French Toast</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Breakfast Pizza</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Donut</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Pancake Wrapped Sausage on a stick</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Cocoa Bread</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>

Breakfast options are available every day, the student must take 3 items a day (with one being fruit) to count for a reimbursable meal.. Menus are subject to change. "This institution is an equal opportunity provider"