



LUNCH

Price \$2.50 Milk \$0.50

# MARCH 2019

ASA C. Adams Elementary School

Daily Menu Alternative includes Sunbutter and Jelly Sandwich

Monday

Tuesday

Wednesday

Thursday

Friday

**"Fry" day 1**

Chicken Burgers  
Whole Grain Bun  
Potato Wedges  
\*Salad Bar

**"Pie" Day 8**

Chicken Tamale Pie  
Seasoned Brown Rice  
\*Salad Bar

**Happy Patty Day 15**

Shepherd's Pie  
Whole Grain Dinner Roll  
\*Salad Bar

**No School 22**

**Fishy Friday 29**

Whole Grain Breaded Fish  
Nuggets  
Potato Wedges  
\*Salad Bar

**Meatless Monday 4**

Cheesy Breadsticks  
Marinara Dipping Sauce  
\*Salad Bar

**Monday Melt 11**

Cheeseburger on Whole  
Grain Bun  
Potato Wedges  
\*Salad Bar

**National Sloppy Joe Day 18**

Sloppy Joe's  
Whole Grain Bun  
\*Salad Bar

**Meatball Monday 25**

Beef Meatballs  
Whole Grain Sub Roll  
\*Salad Bar

**Mardi Gras 5**

Fish Po' Boy  
Whole Grain Sub Roll  
Coleslaw  
\*Salad Bar

**Taco Tuesday 12**

Beef or Bean Taco  
Whole Grain Tortilla's  
\*Salad Bar

**Homemade Soup 19**

Chicken Noodle Soup  
Whole Grain Biscuit  
\*Salad Bar

**Soup and Sandie 26**

Hearty Tomato Soup  
Whole Grain Toasted  
Cheese  
\*Salad Bar

**Café Classic 6**

Whole Grain Homemade  
Macaroni & Cheese  
\*Salad Bar

**Pizza Day 13**

Cheese or Pepperoni  
Pizza on  
Whole Grain Crust  
\*Salad Bar

**Ravioli Wednesday 20**

Cheese Ravioli & Marinara  
Whole Grain Garlic Toast  
\*Salad Bar

**Pizza Day 27**

Cheese Pizza on  
Whole Grain Crust  
\*Salad Bar

**Pizza Day 7**

Cheese Pizza on  
Whole Grain Crust  
\*Salad Bar

**Thursday Thaw 14**

Chicken Stroganoff  
Whole Grain Noodles  
\*Salad Bar

**Pizza Day 21**

Cheese Pizza on  
Whole Grain Crust  
\*Salad Bar

**Penne for your Thoughts 23**

Chicken & Whole Grain  
Penne in Alfredo w/  
Broccoli  
\*Salad Bar

Lunch Menu includes minimum of an Entrée, Whole Grain, Fruit, Veg, and Milk (low fat regular and fat free flavored). Students **must take a fruit or vegetable** to be in compliance with National School Lunch Program. \*Salad Bar is included with lunch and offers different items daily, which include fruits and vegetables as well as mixed salads, and items to go with daily menu. **Menus are subject to change**

"This institution is an equal opportunity provider"



PAY FOR MEALS ONLINE  
MySchoolBucks.com



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Mini Pancakes</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Homemade Whole Grain Muffin</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Donut</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Breakfast Bun</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Cinnamon Roll</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>
<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Mini French Toast</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Breakfast Pizza</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Donut</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Pancake Wrapped Sausage on a stick</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Cocoa Bread</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>

Breakfast options are available every day, the student must take 3 items a day (with one being fruit) to count for a reimbursable meal.. Menus are subject to change. "This institution is an equal opportunity provider"