



Price \$2.50 Milk \$0.50

MAY 2019

ASA C. Adams Elementary School

Daily Menu Alternative includes Sunbutter and Jelly Sandwich

Monday



Meatless Monday 6

Cheesy Breadsticks w/ marinara

*Salad Bar

Monday With a Twist 3

Pigs in a blanket w/ whole grain dough
Potato Smiles
*Salad Bar

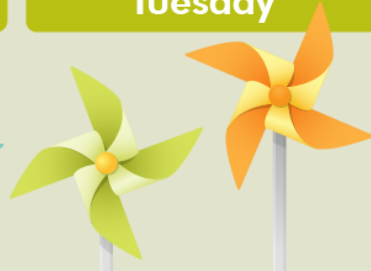
Meatless Monday 20

Cheesy Baked whole grain Macaroni & cheese

*Salad Bar

No School 27

Tuesday



Teriyaki Tuesday 7

Chicken Dippers & Seasoned Brown Rice

*Salad Bar

Taco Tuesday 14

Beef or Bean Taco
Whole grain Corn Tortilla

*Salad Bar

Try it Tuesday 21

Chicken or Veggie Gyro w/ whole grain pita

*Salad Bar

Red Riots Bowl 28

Popcorn chicken, corn, And tots

*Salad Bar

Wednesday

Happy May Day! 1

Chicken Sandwich
Whole Grain Bun
French Fries
*Salad Bar

Pizza Day! 8

Homemade Cheese Pizza on whole grain crust

*Salad Bar

ASA "Snackables" 15

Flatbread, Ham or Turkey, cheese and Grapes

*Salad Bar

Pizza Day! 22

Homemade Cheese Pizza on whole grain crust

*Salad Bar

Midweek Scramble 29

Scrambled Eggs
Whole gain Toast
Turkey Sausage
*Salad Bar

Thursday

Pizza Day! 2

Homemade Cheese Pizza on whole grain crust

*Salad Bar

Deli Subs 9

Ham or turkey with cheese
On a whole grain hoagie

*Salad Bar

Pizza Day! 16

Homemade Cheese or Pepperoni Pizza on whole grain crust
*Salad Bar

Fish Sandie 23

Breaded Pollock on A whole grain bun
French Fries
*Salad Bar

Pizza Day! 30

Homemade Cheese Pizza on whole grain crust

*Salad Bar

Friday

Power Nacho's 3

Beef & Bean Nachos
Whole grain corn chips

*Salad Bar

Friday Favorites 10

Cheeseburgers on a Whole grain Roll
French Fries
*Salad Bar

Pepped up Friday 17

Bean & Quinoa Stuffed Sweet Peppers w/cheese

*Salad Bar

First Time Friday 24

Chicken bacon Ranch
Whole grain flatbread

*Salad Bar

Burrito time! 31

Beef & Bean Burrito
In whole grain wrap
Salsa
*Salad Bar

Lunch Menu includes minimum of an Entrée, Whole Grain, Fruit, Veg, and Milk (low fat regular and fat free flavored). Students **must take a fruit or vegetable** to be in compliance with National School Lunch Program. *Salad Bar is included with lunch and offers different items daily, which include fruits and vegetables as well as mixed salads, and items to go with daily menu. **Menus are subject to change without notice**

"This institution is an equal opportunity provider"



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Mini Pancakes</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Homemade Whole Grain Muffin</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Donut</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Breakfast Bun</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Cinnamon Roll</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>
<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Mini French Toast</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Breakfast Pizza</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Donut</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Pancake Wrapped Sausage on a stick</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Cocoa Bread</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>

Breakfast options are available every day, the student must take 3 items a day (with one being fruit) to count for a reimbursable meal.. Menus are subject to change. "This institution is an equal opportunity provider"