

Monday
No School
2
Tuesday
Cheesy Beginnings

 Cheesburger on
Whole Grain Bun
French Fries
**Salad Bar*
3
Wednesday
Parfait Day

 Yogurt Parfait with berries
And Granola

**Salad Bar*
4
Thursday
Pizza with Mrs. Fox

 Homemade Cheese pizza
On Whole Grain Crust

**Salad Bar*
5
Friday
Friday Fill up

 Stuffed Shells & Marinara
Garlic Breadstick

**Salad Bar*
6
Mac & Trees

 Homemade Macaroni and
Cheese
Steamed Broccoli
**Salad Bar*
9
Taco Tuesday

 Beef or Bean Tacos
Whole grain Corn Shells
Cilantro Lime Brown Rice
**Salad Bar*
10
Pizza with Mrs. Fox

 Homemade Cheese pizza
On Whole Grain Crust

**Salad Bar*
11
Clucks & Pucks

 Chicken Nuggets and
Mini Hash browns

**Salad Bar*
12
Fish Friday

 Whole grain Breaded
Pollock
French Fries
**Salad Bar*
13
Meatless Monday

 Spaghetti & Marinara
Cheesy Garlic Bread

**Salad Bar*
16
Chicken Sandi

 Breaded Chicken Filet
Whole Grain Bun
French Fries
**Salad Bar*
17
Wednesday Dipper

 Grilled Cheese
Tomato Soup

**Salad Bar*
18
Pizza with Mrs. Fox

 Homemade Cheese pizza
On Whole Grain Crust

**Salad Bar*
19
Meatball Hero

 Meatballs & Marinara
Whole Grain Sub Rolls

**Salad Bar*
20
In Case you missed it...

 Scrambled Eggs
Whole Grain Toast
Turkey Sausage
**Salad Bar*
23
Two 4 Tuesday

 Chicken Tenders
Whole Grain Waffle sticks

**Salad Bar*
24
Pizza with Mrs. Fox

 Homemade Cheese pizza
On Whole Grain Crust

**Salad Bar*
25
Sticks & Sauce

 Cheesy Breadsticks
Marinara

**Salad Bar*
26
Friday Favorites

 Turkey Franks in
Whole grain rolls
Smiles!
**Salad Bar*
27
Red Riots Bowl

 Popcorn Chicken
Tater Tots

**Salad Bar*
30
August
Toasty Thursday

 Toasted Turkey and Cheese
On whole grain Bread

**Salad Bar*
Italiano!

 Ham Italians on
Whole grain Sub rolls

**Salad Bar*

Lunch Menu includes minimum of an Entrée, Whole Grain, Fruit, Veg, and Milk (low fat regular and fat free flavored). Students **must take a fruit or vegetable** to follow National School Lunch Program standards. ***Salad Bar** is included with lunch and offers different items daily, which include fruits and vegetables as well as mixed salads, and items to go with daily menu. **Menus are subject to change without notice**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Mini Pancakes</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Homemade Whole Grain Muffin</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Donut</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Breakfast Bun</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Cinnamon Roll</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>
<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Mini French Toast</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Breakfast Pizza</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Donut</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Pancake Wrapped Sausage on a stick</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>	<p>Whole Grain Assorted Cereal Bowl</p> <p>OR</p> <p>Whole Grain Bagel w/cream cheese</p> <p>OR</p> <p>Whole Grain Cocoa Bread</p> <hr/> <p>Assorted Fruit 100% Fruit juice Milk-Variety 1% or fat free flavored</p>

Breakfast options are available every day, the student must take 3 items a day (with one being fruit) to count for a reimbursable meal..

Menus are subject to change without notice. "This institution is an equal opportunity provider"